

## Summer Kamp 2010 Snack Menu

<b>Week of:</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>May 25 - 28</b> <b>June 21 - June 25</b> <b>July 19 - July 23</b>	am - cheerios, milk, bananas pm - Goldfish crackers, apple juice	am - Sausage biscuit, Oranges, milk pm - applesauce, graham crackers, water	am - blueberry muffins, apples, milk pm - teddy grahams, apple juice	am - cheese toast, yogurt, milk pm - peanut butter crackers, water	am - waffles w/ syrup, mixed fruit, milk pm - sugar free jello with fruit, air popped corn, water
<b>May 31 - June 4</b> <b>June 28 - July 2</b> <b>July 26 - July 30</b>	am - rice cakes, peanut butter, bananas, milk pm - handi snacks, water	am - grits, bacon, oranges, milk pm - carrots with ranch dressing, apple juice	am - poptarts, apples, milk pm - sugar free pudding, vanilla wafers, water	am - cinnamon toast, yogurt, milk pm - animal crackers, apple juice	am - french toast sticks with syrup, mixed fruit, milk pm - cheese nips, water
<b>June 7 - June 11</b> <b>July 5 - July 9</b> <b>August 2 - August 6</b>	am - cinnamon rolls, bananas, milk pm - cheese slice with saltines, water	am - bagels, cream cheese, oranges, milk pm - oatmeal raisin cookies, milk	am - nutri grain bars, apples, milk pm - peanut butter cookies, milk	am - peanut butter toast, yogurt, milk pm - cheese -its, apple juice	am - pancakes with syrup, mixed fruit milk pm - veggie chips, water
<b>June 14 - June 18</b> <b>July 12 - July 16</b>	am - cheerios, milk, bananas pm - cantaloupe, ritz crackers, water	am - banana nut muffins, oranges, milk pm - watermelon, pretzels, water	am - toaster strudel, apples, milk pm - baked tortilla chips, salsa, water	am - butter toast with jam, yogurt, milk pm - apples, peanut butter, water	am - sausage and pancake on stick, mixed fruit, milk pm - rice cereal bars, apple juice

Menu is subject to change. All changes will be posted on bulletin board outside After Skool and Summer Kamp office.